**Westmoreland Sports League**

**Pickleball Rules**

**The Serve**

* The paddle must contact the ball no higher than the waist
* The server’s arm must be going in an upward motion when the ball is struck
* A “drop serve” will be permitted with the server letting the ball bounce first before the contact is made with an upward motion no higher than waist height.
* The serve must go diagonally crosscourt and cannot land in the “kitchen”
* Only 1 serve attempt is allowed per server. If a serve contacts the net but still lands in the correct area, the serve is considered good (No “lets”)
* The server must serve between the side line and center lines extended and must have their foot behind the back line at the time of contact with the ball

**Serving Sequence**

* The first serve of each side-out is made from the right/even court
* If a point is scored, the server switches sides and continues to serve until the lose a rally
* When the first server loses the serve, the partner then serves from their correct side of the court (unless it is the first service of the game, then the serve will go to the other team).
* Partners never switch sides unless a point is scored

**Scoring**

* Points are only scored by the serving team
* Games are played to 11 points, win by 2. Matches consist of 3 games
* When the serving team’s score is even, the first server of the game will be on the right/even side of the court. When the score is odd, the first server of the game will be on the left/odd side of the court.

**Two Bounce Rule**

* When the ball is served, the receiving team must let the ball bounce first before returning. The serving team must also let the ball bounce first during the return before playing it. (Must bounce once per side before the ball can be “volleyed” out of the air.

**Game-Play**

* Any ball that contacts a line is considered “in”
* A point or side out occurs after any of the following:
	+ Ball is double contacted
	+ Ball contacts a player’s body before being played
	+ Ball lands out of bounds or into the net
	+ An illegal serve occurs
	+ Ball bounces more than once on a team’s side
	+ Ball is volleyed in the Non-Volley Zone (“Kitchen”) that is within 7 ft of each side of the net
	+ A player’s follow-through on a volleyed ball takes them into the “Kitchen”
	+ A serve contacts the line of the “Kitchen” (considered “out”)
* Players will officiate their own matches. If there is a play where players can’t agree on a call, the ball will be replayed.

**Sportsmanship and Waiver**

* All participants must sign the waiver of liability on the Westmoreland Sports League website during registration. For matches played at Latrobe Pickleball, participants must also sign their waiver form before playing
* All players are expected to show good sportsmanship and be respectful at all times. While officiating their own games, players are expected to call their games fairly. Players that are acting inappropriately (foul language, disrespectful, poor sportsmanship, etc.) may be removed from the league without refund by the league director.
* And the most important rule:

**HAVE FUN!!!!!!**